

# Nutrition Facts

Serv. Size: **1 roll** (45 g/1.6 oz), Servings **3**,

Amount Per Serving: Calories 200, Fat Cal. 90, Total Fat 10g (15%DV), Sat. Fat 2.5g (14%DV), **Trans Fat** 0g, **Cholest.** 0mg (0%DV), **Sodium** 10mg (1%DV), **Total carb.** 27g (9%DV), **Fiber** 16g (66%DV), Sugars 18g, **Protein** 4g, Vitamin A (0%DV), Vitamin C (2%DV), Calcium (6%DV), Iron (8%DV), Vitamin K (4%DV), Thiamin (15%DV), Riboflavin (10%DV), Vitamin B6 (6%DV), Folate (4%DV), Copper (20%DV), Magnesium (20%DV), Manganese (45%DV), Phosphorus (15%DV), Selenium (6%DV), Zinc (8%DV) Potassium (9%DV) Percent Daily Values (DV) are based on a 2,000 calorie diet.